

*Cape Cod*  
**Volleyball Camp**



***Parent Information  
Packet***

# *Cape Cod Volleyball Camps*

PO Box 303

So. Harwich , MA 02661

508-776-2972

[capecodvolleyball@comcast.net](mailto:capecodvolleyball@comcast.net)

[www.capecodvolleyball.com](http://www.capecodvolleyball.com)

Dear Parents,

The Cape Cod Volleyball Camp must comply with the regulations of the Massachusetts Department of Public Health and be licensed by the local Board of Health.

The contents of this packet puts the camp in compliance and gives you valuable information about the camp and what is required to **complete registration**.

Thank you in advance to your prompt attention to this necessary paperwork. If you have any questions please do not hesitate to call.

Sincerely,

Tom Turco  
Camp Director

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### Camp forms checklist

The below paperwork and forms must be completed and mailed to the camp office prior to the camper attending camp.

**The forms can be downloaded from home page under “camp forms” and mailed to:**

**Cape Cod Volleyball Camp**

**PO Box 303**

**South Harwich MA 02661**

\_\_\_\_\_ A report of a physical exam within the last 2 years. (Doctor's office)

\_\_\_\_\_ Immunization record (Doctor's office)

\_\_\_\_\_ Health history

\_\_\_\_\_ Authorization of emergency medical release

\_\_\_\_\_ Waiver and release form

Thanks,  
Tom Turco  
Camp Director

# State mandated information to parents

## *Cape Cod Volleyball Camps*

### **Emergency Procedures**

In the event of an injury or medical emergency:

1. One staff will remain with the camper and another staff will notify the Health Care Supervisor.
2. If deemed more than a minor incident, the parent/guardian may be notified immediately.
3. If the injury is deemed minor, the parent/guardian may be notified following the camp day.
4. The camper will be protected from movement until medical assistance arrives.
5. In the event the camper must go to the hospital the staff will contact the parent/guardian and describe the incident. The parent/guardian and the Director will decide on the best course of action. The parent or ambulance will transport the camper to the hospital. (In the event of a severe injury, 911 will be immediately called to insure the safety of the camper)
6. The Health Care Supervisor must record each incident in detail in the health record book.

A Health Care Supervisor will be available at all times during the camp hours.

### **Emergency Telephone Numbers**

Camp Office	-	(508)-776-2972 / (508)-790-9867 / (508)-430-1497
Barnstable Police Dept.	-	911
Barnstable Fire Dept.	-	911
Cape Cod Hospital	-	(508)-771-1800
Poison Control Center	-	800-628-9211

### **Care of mildly ill camper**

1. Staff will notify the Health Care Supervisor (HCS) of any camper who is ill.
2. The ill camper will report to the (HCS).
3. The parent/Guardian may be notified depending on the severity of the illness or the camper's request.
4. The camper will be under the direct supervision of the (HCS) until they are able to resume activity or are picked up by the parent/guardian.

A camper cannot come to camp if they have any of the following symptoms:

Vomiting

Diarrhea

Abscess or draining sores

Contagious rash

Fever over 100 degrees

- In the event of an outbreak of an infectious disease, the Camp Director will be in immediate contact with the Massachusetts Department of Health to seek advisement on how to best manage the situation.

### **Attendance Policy**

1. Attendance will be taken at the beginning of each camp day.
2. In the event your child will be absent on a particular day, please notify the camp office (508-776-2972) or by a note.
3. Every effort will be made by the camp office to verify absences not brought to our attention by the parents.
4. If a camper is to be dismissed early from the camp the parent/guardian must write a note or notify the camp office by phone or in person.
5. The camper will be released only to the parent/guardian or another individual designated "in writing" by the parent/guardian.

Attendance records are maintained by the coaches of each group and brought to the camp office. Attendance is checked three times each day.

**Available on request are:**

1. Health care policies
2. Discipline policies
3. Grievance policies
4. Further staff information

**What to bring/wear**

1. Non marking sneakers
2. Shorts
3. T-shirt
4. Campers must bring their own lunch, healthy snacks, and drinks. Refrigeration for lunches is available.
5. Any personal items, coolers, sweatshirts, etc. should be appropriately marked for identification.

*Cape Cod Volleyball Camps assume no responsibility for lost, stolen, or damage to the campers' personal property.*